

Alessandra H. Rellini, Ph.D

Assistant Professor in Clinical Psychology
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Education

- 2006 - 2007 **YALE, SCHOOL OF MEDICINE, PSYCHIATRY, NEW HAVEN, CT**
Predoctoral fellow at Yale-New Haven Psychiatric Hospital – Adult Track.
- 2001 - 2007 **UNIVERSITY OF TEXAS (UT) AT AUSTIN, AUSTIN, TX**
Ph.D. Clinical Psychology. APA accredited.
Dissertation Committee: Cindy Meston, James Pennebaker, Yvon DelVille, Gloria Gonzalez-Lopez, & Keenan Pituch.
- 1999-2001 **CALIFORNIA SCHOOL OF PROFESSIONAL PSYCHOLOGY, ALAMEDA, CA**
M.A. in Clinical Psychology. APA accredited.
- 1993-1997 **WHITTIER COLLEGE, WHITTIER, CA**
B.A. in Psychology, May 1997. Whittier Scholar Program.

Positions and Employment

- 2007 - Assistant Professor, Psychology
University of Vermont.
- 2007- Director, Sexual Health Research Clinic
University of Vermont.
- 2007- Clinical Psychologist, Behavior Therapy and Psychotherapy
University of Vermont.
- 2002-2005 Research Coordinator, the Female Sexual Psychophysiology Laboratory
University of Texas at Austin.

Other Experience and Professional Memberships

- 2009 **Rellini, A. H.**, Nominated and elected member of the Board of Director for the International Society for the Study of Women's Sexual Health, a multi-disciplinary society dedicated to the research and dissemination of knowledge on women's sexuality.
- 2008-2009 **Rellini, A. H.** Invited to serve as committee member for the American Foundation of Urologic Disease International Consensus Development Conference on the definition and classification of female sexual dysfunction. Invited to serve as committee member for "Definition, Classification and Epidemiology of Sexual Dysfunction" at the 3rd International Consultation on Urological Diseases (ICUD), Paris, 2009. Recommendations from this committee are sent to WHO, NIH, FDA, EMEA and to world-wide ministries of health and regulators to serve as the basis for policies concerning urological diseases.

- 2008 **Rellini, A. H.** Scientific Committee Member for the Annual Conference of the International Society for the Study of Women's Sexual Health
- 2007-2010 **Rellini, A. H.** Scientific Committee Member for the Annual Conference of the International Society for Psychosomatic and Obstetric Medicine.
- 2006-2008 **Rellini, A. H.** Invited to serve as member for the Standardization Committee for the recommendations for assessment and gold standards for clinical trials on sexual dysfunction. Committee sponsored by the International Society of Sexual Medicine. Recommendations from this committee are sent to FDA and pharmaceutical companies interested in developing treatments for sexual dysfunction.
- 2006 **Rellini, A. H.** Elected Full Member of the International Academy of Sex Research.
- 2006-2007 **Rellini, A. H.** Nominated Chair of the Membership Committee for the International Society for the Study of Women's Sexual Health.
- 2004-2006 **Rellini, A. H.** Nominated Member of the Membership Committee for the International Society for the Study of Women's Sexual Health.

Honors

- 2009 Roberts, S. P., & **Rellini, A. H.** "Sexual Self-Schemas, Family Support, and Sexual Problems in Adult Female Survivors of Child Sexual Abuse." Winners of international essay competition presented by the International Society for the Study of Women's Sexual Health (ISSWSH).
- 2006 **Rellini, A. H.** & Meston, C. M. "Psychophysiological sexual arousal in women with a history of childhood sexual abuse." Winner of the Lee Willerman Award for Research Excellence. Award for best student publication in clinical psychology at the University of Texas at Austin.
- 2006 **Rellini, A. H.**, Ing, D. & Meston, C. M. *Implicit and Explicit Cognitive Processes and Sexual Arousal in Survivors of Child Sexual Abuse.* Winners of international essay competition presented by the International Society for the Study of Women's Sexual Health (ISSWSH).
- 2006 **Rellini, A. H.** (2005). Psychological factors of sexual abuse on women's sexual functioning. In Goldstein, I. Meston, C., Davis, S. & Traish, A. (Eds.), *Women Sexual Function and Dysfunction: Study, Diagnosis and Treatment*, (pp. 98 -104). London: Taylor & Francis Group. Finalist for the Society of Authors & the Royal Society of Medicine Book Awards, 2006.
- 2005 Hill, Y. N., **Rellini, A. H.**, & Meston, C. M. "The Relationship between Sexual Fantasy, Mental Sexual Arousal, and Sexual Desire from a Sample of University Women." Winners of the best conference poster award presented by the International Society for the Study of Women's Sexual Health (ISSWSH).Las Vegas.
- 2004 **Rellini, A. H.** "Desire and Sexually-Relevant Language in Women with a History of Sexual Abuse." Winner of the Bjorn Lundquist New Investigator Award. presented by the International Society for the Study of Women's Sexual Health (ISSWSH).
- 2003 **Rellini, A. H.**, & Meston, C. M. "Psychophysiological Sexual Arousal in Women with a History of CSA." Winners of international essay competition presented by the International Society for the Study of Women's Sexual Health (ISSWSH).

- 2003 **Rellini, A.**, & Meston, C. "The Physiology of Sexual Response in PTSD and No-PTSD Women." Student Poster Honorable Mention presented by the International Society for the Study of Traumatic Stress Annual Conference, Chicago, 03.
- 2003 **Rellini, A. H.** Recipient of the David Burton, Jr. Fellowship. Award of academic excellence sponsored by the University of Texas at Austin.

Peer-reviewed journal publications (in chronological order).

- Rellini, A. H.**, Vujanovic, A. A., & Zvolensky, M. J. (in press). Emotional dysregulation: Concurrent relation to sexual problems among trauma-exposed adult cigarette smokers. *Journal of Marital & Sex Therapy*.
- Hamilton, L. D., **Rellini, A. H.**, & Meston, C. M. (2008). Cortisol, sexual arousal, and affect in response to sexual stimuli. *Journal of Sexual Medicine*, [epub ahead of print].
- Meston, C. M., **Rellini, A. H.** & Telch, M. (2008). An outcome study on ginkgo biloba and sex therapy for the treatment of female sexual dysfunction. *Archives of Sexual Behavior*, 37, 530-547.
- Rellini, A. H.** (2008). Review of the empirical evidence for a theoretical model to understand the sexual problems of women with a history of CSA. *Journal of Sexual Medicine*, 5, 31-46.
- Rellini, A. H.**, & Meston, C. M. (2007). Sexual function and satisfaction in adults based on the definition of child sexual abuse. *Journal of Sexual Medicine*, 4, 1312-1321.
- McCall, K. M., **Rellini, A. H.**, Seal, B., & Meston, C. M. (2007). Sex differences in memory for sexually-relevant information. *Archives of Sexual Behavior*, 36, 518-530.
- Rellini, A. H.**, & Meston, C. M. (2007). Sexual desire and linguistic analysis: A comparison of sexually abused and non-abused women. *Archives of Sexual Behavior*, 36, 67-77.
- Meston, C. M., **Rellini, A. H.**, & Heiman, J. (2006). Women's history of sexual abuse, their sexuality, and sexual self-schemas. *Journal of Consulting and Clinical Psychology*, 74, 229-236.
- Rellini, A. H.**, & Meston, C. M. (2006). The sensitivity of event logs, self-administered questionnaires and photoplethysmography to detect treatment-induced changes in FSAD diagnosis. *Journal of Sexual Medicine*, 3, 283-291.
- Rellini, A. H.**, & Meston, C. M. (2006). Psychophysiological sexual arousal in women with a history of childhood sexual abuse. *Journal of Marital & Sex Therapy*, 32, 1-18.
- Rellini, A. H.**, McCall, K. M., Randall, P. K., & Meston, C. M. (2005). The relationship between women's subjective and physiological sexual arousal. *Psychophysiology*, 42, 116-124.
- Rellini, A. H.**, Nappi, R. E., Vaccaro, P., Ferdeghini, F., Abbiati, I., & Meston, C. M. (2005). Validation of the McCoy Female Sexuality Questionnaire (MFSQ) in an Italian sample. *Archives of Sexual Behavior*, 34, 641-648.
- Rellini, A. H.**, & Meston, C. M. (2004). Childhood sexual abuse. *Clinical Urologica*, 14, 80-83.
- Kimerling, R., **Rellini, A.**, Kelly, V., Judson, L. P., & Learman, L. (2002) Gender differences in victim and crime characteristics of sexual assault. *Journal of Interpersonal Violence*, 17, 526-532.

Chapters

- Meston, C. M., & **Rellini, A. H.** (2007). Sexual Dysfunction. In: W. E. Craighead, D. J. Miklowitz, & L. W. Craighead (Eds.) *Psychopathology: History, theory and diagnosis*. New Jersey: John Wiley & Sons.
- Rellini, A. H.** (2005). Psychological factors of sexual abuse on women's sexual functioning. In Goldstein, I. Meston, C., Davis, S. & Traish, A. (Eds.), *Women Sexual Function and Dysfunction: Study, Diagnosis and Treatment*, (pp. 98 -104). London: Taylor & Francis Group.
- Meston, C. M. & **Rellini, A. H.** (2004). Female Sex Therapy. In: W. E. Craighead, & C. B. Nemeroff (Eds.), *The concise corsini encyclopedia of psychology and behavioral science: Vol 3.* (3rd ed., pp. 366-368). New York: John Wiley & Sons.

Rellini, A., & Muller, I. (2003). Protocolli diagnostici per la disfunzione sessuale femminile. In Gisdisf (Eds.), *Le disfunzioni sessuali femminili*, (pp. 89-99). Pisa, Italy: Pacini Editori.

Conferences

Podium Presentations

1. Roberts, S. P., & **Rellini, A. H.** (2009). Sexual Self-Schemas, Family Support, and Sexual Problems in Adult Female Survivors of Child Sexual Abuse. Paper presented at the meeting of the International Society for the Study of Women's Sexual Health, Florence, Italy. **Winner of Best Essay Prize.**
2. Dundon, C. M., & **Rellini, A. H.** (2009). Predictors of satisfaction with sexual desire in a sample of menopausal women. Paper presented at the meeting of the International Society for the Study of Women's Sexual Health, Florence, Italy.
3. **Rellini, A. H.** (2008). The Impact of Implicit and Explicit Sexual Attitudes on the Physiological Sexual Responses of Women with a History of Child Sexual Abuse. Paper presented at the meeting of the Association for Behavioral and Cognitive Therapy, Orlando, FL.
4. **Rellini, A. H.** (2008). Standard of care (SOP) guidelines for the treatment of hypoactive sexual desire disorder, female sexual arousal disorder and female orgasmic disorder. Presented to the International Society for Sexual Medicine – Standardization Committee, Hamburg, Germany.
5. **Rellini, A. H., & Kuny, A.** (2008). The relationship between communication style and intimacy satisfaction in women with a history of sexual abuse. Paper presented at the meeting of the International Society for the Study of Women's Sexual Health, San Diego, California.
6. **Rellini, A. H., Ing, D., & Meston, C. M.** (2006). Implicit and explicit cognitive processes and sexual arousal in survivors of child sexual abuse. Paper presented at the meeting of the International Society for the Study of Women's Sexual Health, Lisbon, Portugal. **Winner of Best Essay Prize.**
7. Salayta, M. A., **Rellini, A. H., Meston, C. M., & Levin, R. J.** (2006). Exploring the input/output slopes of the VPA (vaginal pulse amplitude) as a possible index of veno-occlusive engorgement. Paper presented at the meeting of the International Society for the Study of Women's Sexual Health, Lisbon, Portugal.
8. **Rellini, A. H., Ricaldone, C., Vaccaro, P., Carla Pisani, Ballario, P., Nappi, R. E., & Meston, C. M.** (2006). Menstrual cycle dysfunction, body image & sexual function. Paper presented at the meeting of the International Society for the Study of Women's Sexual Health, Lisbon, Portugal.
9. **Rellini, A. H., Meston, C. M.** (2006). Predictors of treatment-induced changes in female sexual satisfaction. Paper presented at the meeting of the International Society for the Study of Women's Sexual Health, Lisbon, Portugal.
10. **Rellini, A. H., Hill, Y., & Meston, C. M.** (2005). The link between avoidance of traumatic memories and physiological sexual arousal in women with PTSD. Paper presented at the meeting of the International Society for the Study of Women's Sexual Health, Las Vegas.
11. **Rellini, A. H., McDermott, M., & Meston, C. M.** (2005). Sexual satisfaction, relationship adjustment, body image, and climacteric symptoms in a clinical sample of menopausal women. Paper presented at the meeting of the International Society for the Study of Women's Sexual Health, Las Vegas.
12. **Rellini, A. H., & Meston, C. M.** (2004). Desire and sexually relevant language in women with a history of childhood sexual abuse. Paper presented at the meeting of the International Society for the Study of Women's Sexual Health, Atlanta. **Winner of Bjorn Lundquist New Investigator Award.**
13. **Rellini, A., & Meston, C. M.** (2003). Psychophysiological sexual arousal in women with a history of CSA. Paper presented at the meeting of the International Society for the Study of Women's Sexual Health, Amsterdam, ND. **Winner of Best Essay Prize.**
14. **Rellini, A., Campbell, R. S., & Meston, C. M.** (2003). The language of sexuality in women with a history of childhood sexual abuse. Paper presented at the meeting of the Scientific Society for the Study of Sexuality, San Antonio, TX

15. **Rellini, A.**, & Meston, C. M. (2003). Physiological and subjective sexual arousal of women with a history of childhood sexual abuse. Paper presented at the meeting of the Scientific Society for the Study of Sexuality, San Antonio, TX.

Conference Poster Presentations

1. **Rellini, A. H.**, Vujanovic, A., & Zvolensky, M. (2009). Emotion dysregulation: Concurrent relation to sexual dissatisfaction and functioning among trauma-exposed adults. Poster presented at the meeting of the International Society for the Study of Women's Sexual Health, Florence, Italy.
2. Islam, S., Selinson, S., & **Rellini, A. H.** (2009). The interaction of pre-existing affect and mood induction on mental sexual arousal in women. Poster presented at the meeting of the International Society for the Study of Women's Sexual Health, Florence, Italy.
3. **Rellini, A. H.**, & Meston, C. M. (2009). Sexual self-schemas, sexual dysfunction, and the sexual responses of women with a history of childhood sexual abuse. Poster presented at the meeting of the International Society for the Study of Women's Sexual Health, Florence, Italy.
4. Elinson, S., & **Rellini, A. H.** (2009). Pre-existing affect and physiological sexual responses in women with a history of childhood sexual abuse. Poster presented at the meeting of the International Society for the Study of Women's Sexual Health, Florence, Italy.
5. Dundon, C., Tonani S, Santamaria, V., Nappi, R. E., & **Rellini, A. H.** (2009). Depression and anxiety in the sexual difficulties of women with functional hypothalamic amenorrhea. Poster presented at the meeting of the International Society for the Study of Women's Sexual Health, Florence, Italy.
6. Camuso, J, & Rellini, A. H. (2009). Differences in sexual fantasies and their relationship with sexual arousal in adult women with a history of childhood sexual abuse. Poster presented at the meeting of the International Society for the Study of Women's Sexual Health, Florence, Italy.
7. **Rellini, A. H.**, Selinson, S., & Janssen, E. (2008). Anticipatory affect and physiological sexual response in women with and women without a history of childhood sexual abuse. Poster presented at the meeting of the International Academy of Sex Research, Leuven, Belgium.
8. Hill, Y., **Rellini, A. H.**, & Meston, C. M. (2005). The relationship between sexual fantasy, mental sexual arousal and sexual desire among student women. Poster presented at the meeting of the International Society for the Study of Women's Sexual Health, Las Vegas. **Winner of Best Poster Prize – Basic Science.**
9. McCall, K. M., **Rellini, A. H.**, Seal, B., & Meston, C. M. (2005). Gender difference of sexually relevant material. Poster presented at the meeting of the International Society for the Study of Women's Sexual Health, Las Vegas.
10. **Rellini, A. H.**, Hill, Y., & Meston, C. M. (2005). The relationship between avoidance and physiological sexual arousal in women with a history of childhood sexual abuse and posttraumatic stress disorder. Poster presented at the meeting of the International Academy for Sex Research, Ottawa.
11. Wolitzky, K. B., **Rellini, A. H.**, & Telch, M. J. (2005). Investigating the mechanisms of change during exposure-based treatments for acrophobia. Poster presentation at the meeting of Anxiety Disorder Association of America, Seattle.
12. Seal, B. N., **Rellini, A. H.**, Farmer, M. A., McCall, K. M., & Meston, C. M. (2004). Effects of personality and religiosity on sexual satisfaction among oral contraceptive users. Poster presented at the meeting of the International Society for the Study of Women's Sexual Health, Atlanta.
13. **Rellini, A. H.**, Seal, B., McCall, K., Farmer, M. A., Bradford, A., & Meston, C. M. (2004). Content analysis of sexual fantasies and other essays written by women with a history of child sexual abuse. Poster presented at the meeting of the International Academy for Sex Research, Helsinki.
14. Seal, B. N., **Rellini, A. H.**, Farmer, M. A., McCall, K. M., & Meston, C. M. (2004). Sexual satisfaction among oral contraceptive users versus non-users. Poster presented at the meeting of the International Academy for Sex Research, Helsinki
15. McCall, K. M., **Rellini, A. H.**, Farmer, M., Bradford, A., Seal, B., & Meston, C. M. (2004). Predictors of desire for sexual activity in women. Poster presented at the meeting of the International Academy for Sex Research, Helsinki

16. Ferguson, J., **Rellini, A.**, McCall, K. M., & Meston, C. M. (2003). The moderator role of affect on the relationship between physiological and psychological sexual arousal in women. Poster presented at the meeting of the Scientific Society for the Study of Sexuality, San Antonio, TX
17. Farmer, M., **Rellini, A.**, & Meston C. M. (2003). Predictors of sexual functioning: Associations with autonomic arousability and neuroticism. Poster presented at the meeting of the Scientific Society for the Study of Sexuality, San Antonio, TX
18. **Rellini, A.**, & Meston, C. M. (2003). The physiology of the sexual response in PTSD and no-PTSD women. Poster presented at the meeting of the International Society for Traumatic Stress Study, Chicago, IL. Student Poster Honorable Mention.
19. **Rellini, A.**, Campbell, R. S., Hayes, S., & Meston, C. M. (2003). Let's talk about sex: Differences in essays written by women with a history of sexual abuse and controls. Poster presented at the meeting of the International Academy for Sex Research, Bloomington, IN.
20. **Rellini, A.**, & Meston, C. M. (2003). Childhood sexual abuse, PTSD and the relationship between physiological and subjective sexual arousal. Poster presented at the meeting of the International Academy for Sex Research, Bloomington, IN.
21. Ferguson, J., **Rellini, A.**, McCall, K. M., & Meston, C. M. (2003). The relation between self-report and physiological measures of sexual arousal in women. Poster presented at the meeting of the International Academy for Sex Research, Bloomington, IN.
22. Farmer, M., **Rellini, A.**, & Meston C. M. (2003). Predictors of sexual functioning: Associations with autonomic arousability and neuroticism. Poster presented at the meeting of the International Academy for Sex Research, Bloomington, IN.
23. **Rellini, A.**, Meston, C. M., DeVilleville, Y., Farmer, M., & Ferguson, J. (2001). Cortisol and sexual arousal in women with a history of childhood sexual abuse. Poster presented at the meeting of the International Society for the Study of Women's Sexual Health, Vancouver, BC.
24. **Rellini, A.**, & Nappi, R. E. (2001) Validation of the McCoy Female Sexuality Questionnaire in a sample of Italian women. Poster presentation at the meeting of the Female Sexual Functioning Forum, Boston, MA.

Research Support

Ongoing Research Support

Women's Center 4/2008 – 4/2009
 Resiliency of Adult Women Exposed to Childhood Trauma.
 This study investigates risk factors and resiliency factors in women with a history of CSA who did and do not experience revictimization within a 12 month prospective study.
 Role: Principal Investigator

McNeil Prevention and Community Psychology Fund 3/2007 – 3/2009
 Predicting Impairments in the Sexual Health of Women with a History of Child Sexual Abuse.
 This study focuses on predictors of problems on physiological sexual responses among CSA survivors.
 Role: Principal Investigator.

Completed Research Support

Loan Repayment Program (LRP) 2005 – 2007
 NICHD
 Emotional Responses of CSA survivors. (C. Sanislow, Ph.D., Mentor)
 The project investigated emotional processes of sexual and threat stimuli in CSA survivors.
 Role: Principal Investigator

F31 MH068165 2003 – 2006
NIMH
The Mental Health of Female Sexual Abuse Survivors. (C. Meston, Ph.D., Mentor)
This project investigated a set of physiological components to the sexual problems of sexual abuse survivors.
Role: Principal Investigator

R01HD051676 2006-2006
NICHD
Effects of Early Abuse on Adult Intimate Relationships
A study of a writing intervention designed to change sexual schemas in women with a history of child abuse.
Role: Project Coordinator

R01AT000224 2001-2006
NCCAM
Ginkgo biloba: Antidepressant-induced female sexual dysfunction
An investigation of the acute and chronic effect of ginkgo biloba extract on physiological sexual arousal among women experiencing antidepressants-induced sexual dysfunction.
Role: Project Coordinator

FSSS Larry Klar Sexyg Scholarship 2002-2003
Sexuality Special Interest Group of MENSA
Physiological Components of Sexual Dysfunction Associated with Childhood Sexual Abuse
This project investigated the role of cortisol and sympathetic activity in the sexual response of CSA survivors.
Role: Principal Investigator

Liberal Art Graduate Research Fellowship 2002 – 2003
University of Texas at Austin
The psychophysiology of the sexual response in CSA survivors.
This project investigated the role of cortisol and sympathetic activity in the sexual response of CSA survivors.
Role: Principal Investigator

Guest Lecturer

- 05/27/08 Sexual Responses in Sexual Abuse Survivors, Grand Rounds in Psychiatry, McGill University, Montreal, Canada.
- 03/12/2006 Predictors of Sexual Response in Women with a History of Child Sexual Abuse. Clinical Area Research Event, University of Texas at Austin, TX.
- 10/26/2005 Menopause, Body Image, and Sexual Function. Clinical Area Research Event, University of Texas at Austin, TX.
- 04/29/2005 Female Sexual Function Among Child Sexual Abuse Survivors. University of Texas at Austin, Developmental Psychology Area Talk.
- 2003-2005 Lecture: PTSD Assessment and Treatment: A Review. University of Texas at Austin, Clinical Practicum Course.
- 12/07/2002 Community Workshop – Women’s Sexuality. Veteran Affairs Hospital San Antonio, TX.
- 07/15/2001 Research Methods in Human Sexuality. Ob/Gyn Department, University of Medicine in Pavia, Italy.
- 11/30/2000 Trauma and Sexual Compulsion. Trauma Seminar, University of California San Francisco, General Hospital, CA.

Teaching Experience

- Spring 2009 PSY295: Human Sexuality.
University of Vermont, UVM. Enrollment: 25 students
- Fall 2008 PSY 095: Teacher Advisor Program. Sexuality Myths and Facts (freshmen scientific writing)
University of Vermont, UVM. Enrollment: 18 students.
Course evaluation: 4.1 Instructor evaluation: 4.1
- Spring 2008, PSY 152: Abnormal Psychology – Undergraduate Course
Fall 2008 University of Vermont, UVM. Enrollment: 164 students Fall 2008.
Course evaluation: 4.2 Instructor evaluation: 4.1
- Fall 2007 - PSY 395: Dialectical Behavior Therapy – Graduate Seminar
University of Vermont, UVM. Enrollment: 9 students
Course evaluation: 4.6 Instructor evaluation: 4.4
- 08/2001 – Teaching Assistant – Introduction to Psychology, Eating disorders, Drugs and Behavior
12/2002 University of Texas at Austin, TX. Enrollment: 420 undergraduate students.
- 08/2000 – Tutor – Statistics
05/2001 California School of Professional Psychology, Alameda, CA.
Individually worked with 8 graduate students.
- 09/2000 – Teaching Assistant – History and Systems
05/2001 California School of Professional Psychology, Alameda, CA. Enrollment: 12 graduate students.
Planned and conducted 1 discussion per week to supplement the material provided by the professor.
- 01/1996 – Teaching Assistant – Bio Basis of Behavior, Neuroscience Seminar & Laboratory, Statistics
05/1997 Whittier College, CA. Enrollment: between 20 and 30 undergraduate students.
- 09/1994 – Teacher – Latin, Italian
05/1997 Planned and taught private Latin lessons at the high school level.

Students Research Support

- Academic Programs for Learning and Engagement (APLE) Grant 11/2009-10/2010
The University of Vermont
Emotion Dysregulation, Relationship and Sexual Dissatisfaction.
Role: Faculty Mentor (PI: Myani Gilbert, Undergraduate Student)
- Academic Programs for Learning and Engagement (APLE) Grant 11/2009-10/2010
The University of Vermont
Drawing as a Means for Regulating Emotions
Role: Faculty Mentor (PI: Jennifer Horwitz, Undergraduate Student)
- Academic Programs for Learning and Engagement (APLE) Grant 11/2009-10/2010
The University of Vermont
Long-Term Impacts of Childhood Emotional Abuse on Sexual Self-Schemas and
Sexual Behavior in College-Age Women
Role: Faculty Mentor (PI: Sarah Roberts, Undergraduate Student)

Undergraduate Research Endeavour Competitive Award 4/2008 – 5/2009
The University of Vermont
Individual Differences in the Physiological Responses to Music Mood Induction.
Role: Faculty Mentor (PI: Samantha Elinson, Undergraduate student)

Undergraduate Research Endeavour Competitive Award 4/2008 – 5/2009
The University of Vermont
The Mediation of Catecholamines in the Relationship Between Love and Sexual Arousal.
Role: Faculty Mentor (PI: Carolyn Dundon, Undergraduate student)

Languages & Other Skills

Native language: Italian. Fluent in written and spoken English
Familiar with SPSS, HLM, AcqKnowledge (Biopach), MatLab, and HLM.

Professional Affiliations

International Academy of Sex Research – Full Member

International Society for the Study of Women's Sexual Health – Board of Directors

Gruppo Italiano per lo Studio della Disfunzione Sessuale Femminile - Founding member

American Psychology Association - Full member

Clinical Experience

- 07/2007 - present Clinical Supervisor. UVM
Served as secondary clinical supervisor for graduate students. Mostly provided individual training on DBT and DBT-related techniques. Specialized in working with students treating trauma survivors of chronically suicidal clients.
- 07/2006–06/2007 Predoctoral Psychology Fellow. Yale University
Served as primary clinician in Intensive Outpatient Dialectical Behavior Therapy Program and in Inpatient program at Yale Psychiatric Hospital. Coleader of groups using motivational interviewing, family systems, and cognitive behavioral therapies. Supervisors: Seth Axelrod, PhD, Ellen Nasper, PhD, Don Quinlan, PhD, and Dwain Fehon, PsyD.
- 08/2006–06/2007 Research Psychology Fellow. Supervisor: Charles Sanislow, Ph.D. Yale University
Conducted semi structured interviews to assess Axis I and II diagnoses. Used BID-R, PIDP, SCID, and CAPS to assess for personality disorders, substance abuse and Axis I pathologies as part of inclusion and exclusion criteria for neurocognitive studies. Received formal training on all instruments mentioned.
- 05/2003–06/2006 Therapist. Supervisor: Henry M. Hanna, Ph.D. UT at Austin
Provided therapy to clients with severe mental illness including major depression, sexual compulsion, pedophilia, and social phobia. Used cognitive-behavioral therapy in combination with control mastery theories. Focused on trauma survivors. Two hours of group supervision per week.

- 06/2005–06/2006 Therapist. Supervisor: Vagdevi Meunier, Psy.D. UT at Austin
 Provided therapy to couples with sexual dysfunction. Used Gottman's theories, System Theories, Daniel Wyle's techniques, Rosemary Basson's model for sexual cycle.
- 06/2005–03/2006 Therapist. Supervisor: Emanuel Ramirez III, Ph.D. UT at Austin
 Provided therapy to an Hispanic client with depression. Used concepts of multicultural psychology to guide the therapy.
- 01/2004–02/2004 Therapist for Outcome Study. Supervisor: Aaron Rochlen, Ph.D. UT at Austin
 Received 16 hours training on standardized dream interpretation for outcome study on dream analysis using Hill's dream interpretation. Conducted dream analysis with three participants (audiotaped sessions).
- 09/2003–06/2004 Therapist. Supervisor: Tracy Deagan, LPC, LCSW. Waterloo Counseling Center
 Provided therapy to clients at a community based counseling center specialized in psychological problems experienced by gay, lesbian, bisexual, and questioning clients. One hour of individual supervision and one hour of group supervision per week.
- 09/2002–12/2003 Sex Therapist. Supervisors: UT at Austin
 Cindy Meston, Ph.D., Michael Telch, Ph.D.
 Sex therapist for outcome study. Provided standardized treatment to 54 women (8 videotaped sessions per client) with Female Sexual Arousal Disorder, Hypoactive Sexual Desire Disorder, and Female Orgasmic Disorder. Developed treatment manual and client manual in collaboration with Dr. Meston and Dr. Telch. One hour of individual supervision per week.
- 09/2002–05/2003 Therapist. Supervisors: Martita Lopez, Ph.D., Michael UT at Austin
 Telch, Ph.D.
 Trained in exposure-based cognitive-behavioral therapy for social phobia, specific phobias, panic disorder, general anxiety, and PTSD. Also trained in cognitive-behavioral therapy for depression. One hour of individual supervision and three hours of group supervision per week.
- 08/2001–09/2005 Interviewer. Supervisor: Cindy Meston, Ph.D. UT at Austin
 Conducted semi standardized interviews to diagnose sexual dysfunction in women participating in studies on the impact of sexual abuse on adult sexuality, menopause and sexuality. Used Clinician's Administered PTSD Scale interviews to assess PTSD severity.
- 06/2000–07/2001 Student Therapist. Supervisor: Judith Glass, Ph.D. Veteran Affairs, Concord, CA
 Conducted individual, group, and couple psychotherapy for veterans. Co-therapist for a support group for women survivors of sexual abuse. Prepared manual and co-led couple's group for trauma survivors. Received 40 hrs training in trauma assessment, Action Therapy, and Trauma Therapy from the National PTSD Clinical Training Program organized by Menlo Park VA, California. One hour of individual supervision and one and an half hour of group supervision per week with a multidisciplinary team.
- 10/1999–09/2000 Interviewer. Supervisor: Rachel Kimerling, Univ. of California San
 Ph.D. Francisco
 Conducted baseline and outcome interviews on 116 female rape survivors receiving treatment through an outcome study conducted at the San Francisco General Hospital, Trauma 1 Unit. Live supervision.

Professional Trainings & Positions

- 02/2008 Poster Judge - International Society for the Study of Women's Sexual Health (ISSWSH) Annual conference, San Diego, CA.
- 01/2006 Review Committee - International Society for the Study of Women's Sexual Health (ISSWSH)
 Reviewed manuscripts for acceptance to the annual conference held in Lisbon, Portugal, 2006.
- 2005 – 2006 Clinical Area Research Event Committee
 Committee for the organization of research presentations for the weekly clinical seminar at UT.
- 2005 – 2006 Content Specialist for Master's Project
 Mentor for a graduate student at the Center for Physician Assistant Studies.

- 2005 – 2006 Mentor: Mc Nair Scholar
Mentor for an undergraduate students from a minority background.
- 04/2003 Ad Hoc Reviewer
Journal of Sex Research
Journal of Consulting and Clinical Psychology
Journal of Abnormal Psychology
Journal of Andrology
Journal of Sexual Medicine
Journal of Cognitive Therapy and Research
Addiction
Journal of Traumatic Stress
Journal of Women's Health
Primary Psychiatry
- 09/2004–10/2005 Assistant Editor for the textbook: Women Sexual Function & Dysfunction.
Goldstein, Meston, Davis, & Traish (Eds.).
- 05/2002–06/2006 Development of Sex Therapy Treatment Manual & Treatment Manual for Sexual Problems
Among CSA Survivors. Supervised by Drs. Michael Telch & Cindy Meston, UT at Austin.
- 02/2001 PTSD Clinical Training Program - Assessment and Treatment (40 hrs).
Menlo Park VAMC, National Center for PTSD